



# Addiction Support

Don't be on your own. Pick up the phone.

Supporting family, friends and carers affected by someone else's drug, alcohol and/or gambling misuse.

Through our range of services, which also include education and awareness, we support families to break free from the cycle of addiction and rebuild their lives. We are dedicated to what we do because we know it makes a difference.

**Helpline: 0300 888 3853**

Lines open from 9am-9pm seven days a week

[www.drugfam.co.uk](http://www.drugfam.co.uk)



Addiction - Families need support too  
**DRUGS • ALCOHOL • GAMBLING**

## We're Here For You

Over 80% of DrugFAM's income is from charitable donations from individual supporters, charitable trusts and fundraising events.

**There are a number of ways you can support us**

**Donate - Fundraise - Volunteer**